

To: Parents of **Blackfoot High School** Students
From: Blackfoot School District Administration
Date: October 6, 2020
Subject: Positive COVID-19 Case

A student who last attended **Blackfoot High School** on Tuesday, September 29th received results a positive COVID-19 test. Due the preventative measures taken by the student, as well as the split attendance schedule, we do not believe there is a significant risk of transmission from this case. We always feel the need to inform parents of a positive case of COVID-19 that may impact their child(ren). We are so appreciative to our parents who continue to monitor for symptoms of COVID-19 and choose to keep children home when they are not feeling well.

This is not a joint communication with Southeastern Idaho Public Health (SIPH). Please help our preventative measures by monitoring your child for COVID-19 symptoms:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore Throat
- Congestion or runny nose
- Nausea and vomiting
- Diarrhea

Testing is available by calling 208-234-5875.

COVID-19 is thought to spread mainly through close contact from person-to-person. Some people without symptoms may be able to spread the virus. **The virus is thought to spread mainly from person-to-person between people who are in close contact with one another (within about 6 feet) through respiratory droplets produced when an infected person coughs, sneezes, or talks.** These droplets can land in the mouths or noses of people who are nearby or possibly be inhaled into the lungs.

It remains very important that everyone continue do their part:

- Take everyday preventive actions to help stop the spread of germs such as wearing a face covering when in public, washing your hands frequently, avoiding touching your face when out in public, keep at least 6 feet from people outside your household, and covering your cough or sneeze.
- Stay home if you are sick, including during the time that you may be waiting to get COVID-19 testing results.
- If you or someone you know may have been exposed to the novel coronavirus that causes COVID-19, call your medical provider or SIPH's hotline at 208-234-5875 to determine next steps. Do not attempt to enter a clinic without calling ahead first.

If you have questions, please contact Southeastern Idaho Public Health's COVID-19 Hotline at 208-234-5875 or visit siphidaho.org or cdc.gov.

Sincerely,

Brian Kress
Superintendent of Schools
Blackfoot School District