

BREAKFAST

FULL PRICE: FREE
 REDUCED: FREE
 ADULT: \$2.65
 ADDITIONAL MILK: \$0.40

NOVEMBER 2020

INDEPENDENCE HIGH SCHOOL

LUNCH

FULL PRICE: FREE
 REDUCED: FREE
 ADULT: \$4.00
 ADDITIONAL MILK: \$0.40

Monday

Breakfast on a Stick **2**
 Applesauce/Fruit Cocktail

CHICKEN DAY
 Wheat Roll
 Mashed Potatoes w/ Gravy
 Applesauce/Sliced Peaches
 Cookie

Donut **9**
 Applesauce/Fruit Cocktail

SLOPPY JOE
 Refried Beans
 Steamed Corn/Carrots
 Applesauce/Sliced Peaches

Breakfast on a Stick **16**
 Applesauce/Fruit Cocktail

CHICKEN GRAVY
 Mashed Potatoes
 Wheat Roll
 BBQ Baked Beans
 Fresh Apple Wedge/Fruit Cocktail

Breakfast on a Stick **30**
 Applesauce/Fruit Cocktail

CHICKEN DAY
 Wheat Roll
 Mashed Potatoes w/ Gravy
 Applesauce/Sliced Peaches
 Cookie

Tuesday

**Reminder:
 No School!**

Cereal **10**
 Baked Apples/Sliced Orange

HAMBURGER GRAVY
 Mashed Potatoes
 Green beans
 Fresh Apple Wedge/Fruit Cocktail

Cereal **17**
 Baked Apples/Sliced Oranges

PIGS IN A BLANKET
 Breadstick
 Fresh Carrots/Red & Green Peppers
 Applesauce/Sliced Peaches

Wednesday

Baked Oatmeal **4**
 Baked Apples/Diced Peaches

PEPPERONI CALZONE
 Fresh Carrot Sticks
 Fresh Broccoli/Celery Sticks
 Fresh Grapes/Sliced Peaches

Sausage & Egg Muffin **11**
 Baked Apples/Diced Peaches

HOMEMADE CHILI
 Fresh Carrots Sticks
 Fresh Grapes/Sliced Peaches
 Cinnamon Roll

Baked Oatmeal **18**
 Baked Apples/Diced Peaches

**INDEPENDENCE
 THANKSGIVING
 DINNER!**

Thursday

Cereal **5**
 Strawberries/Diced Pears

HAMBURGER ON A BUN
 Baked Fries
 Fresh Carrot Sticks
 Banana/Sliced Pears

Cereal **12**
 Strawberries/Diced Pears

CHICKEN BURGER
 Fresh Salad
 Fresh Cherry Tomatoes/Broccoli
 Fresh Banana/Sliced Pears
 Cookie

Cereal **19**
 Strawberries/Diced Pears

**INDEPENDENCE
 THANKSGIVING
 DINNER!**

Friday**6****13****20****27**

Thanksgiving Break
No School



Menu is subject to change without notice.

We offer 1% and fat free milk.

Menu available online

This Institution is an Equal Opportunity Provider.

