

BREAKFAST

FULL PRICE: FREE
 REDUCED: FREE
 ADULT: \$2.65
 ADDITIONAL MILK: \$0.40

DECEMBER 2020

INDEPENDENCE HIGH SCHOOL

LUNCH

FULL PRICE: FREE
 REDUCED: FREE
 ADULT: \$4.00
 ADDITIONAL MILK: \$0.40

Monday**Tuesday****Wednesday****Thursday****Friday**

Cereal **1**
 Sliced Pears/Fresh Banana

NACHOS
 Refried Beans
 Fresh Salad
 Cherry Tomatoes
 Fruit Cocktail/Apple Wedge

Baked Oatmeal **2**
 Baked Apples/Orange

PEPPERONI CALZONE
 Fresh Carrot Sticks
 Fresh Broccoli/Celery Sticks
 Fresh Grapes/Sliced Peaches

Cereal **3**
 Strawberries/Diced Pears

HAMBURGER ON A BUN
 Baked Fries
 Fresh Carrot Sticks
 Fresh Banana/Sliced Pears
 Cookie

4

Donut **7**
 Applesauce/Fruit Cocktail

SLOPPY JOE
 Refried Beans
 Steamed Corn
 Applesauce/Sliced Peaches

Cereal **8**
 Sliced Pears/Fresh Banana

HAMBURGER GRAVY
 Mashed Potatoes
 Fresh Broccoli & Cauliflower
 Fresh Apple Wedge
 Fruit Cocktail

Sausage & Egg Muffin **9**
 Baked Apples/Orange

HOMEMADE CHILI
 Cinnamon Roll
 Fresh Carrots Sticks
 Fresh Grapes/Sliced Peaches

Cereal **10**
 Strawberries/Diced Peaches

CHICKEN BURGER
 Fresh Salad
 Fresh Banana/Sliced Pears
 Cookie

11

Breakfast on a Stick **14**
 Applesauce/Fruit Cocktail

CHICKEN GRAVY
 Mashed Potatoes
 BBQ Baked Beans
 Steamed Broccoli
 Apple Wedge/Fruit Cocktail

Cereal **15**
 Sliced Pears/Fresh Banana

TACO SOUP
 Breadstick
 Fresh Carrots & Fresh Peppers
 Applesauce/Sliced Peaches

Baked Oatmeal **16**
 Baked Apples/Orange

PEPPERONI RIPPERS
 Fresh Salad
 Fresh Cherry Tomatoes
 Fresh Broccoli
 Fresh Grapes/Sliced Peaches

Cereal **17**
 Strawberries/Diced Pears

HAMBURGER ON A BUN
 Baked Fries
 Fresh Carrot Sticks & Peppers
 Banana/Sliced Pears
 Cookie

18

21**22****23****24****25**

Winter Break

NO SCHOOL
 12/21/2020 - 1/4/2021

Menu is subject to change without notice.

We offer 1% and fat free milk.

Menu available online

This Institution is an equal opportunity provider.



PAY FOR MEALS ONLINE
 MySchoolBucks.com